Nutrition in the first year of life

During this workshop you will explore the developmental readiness that occurs in the first year of your child’s life and how nutrition affects your child’s brain development. Approach breast, bottle bowl milestones with excitement as you watch your child learn about what food feels, smells, tastes and looks like.

Date: Tuesday 1st April 2014
Time: 7.00pm to 9.00pm
Venue: YMCA Early Learning Centre
38 Rogers Place, Newman
RSVP: Emma Wittek
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