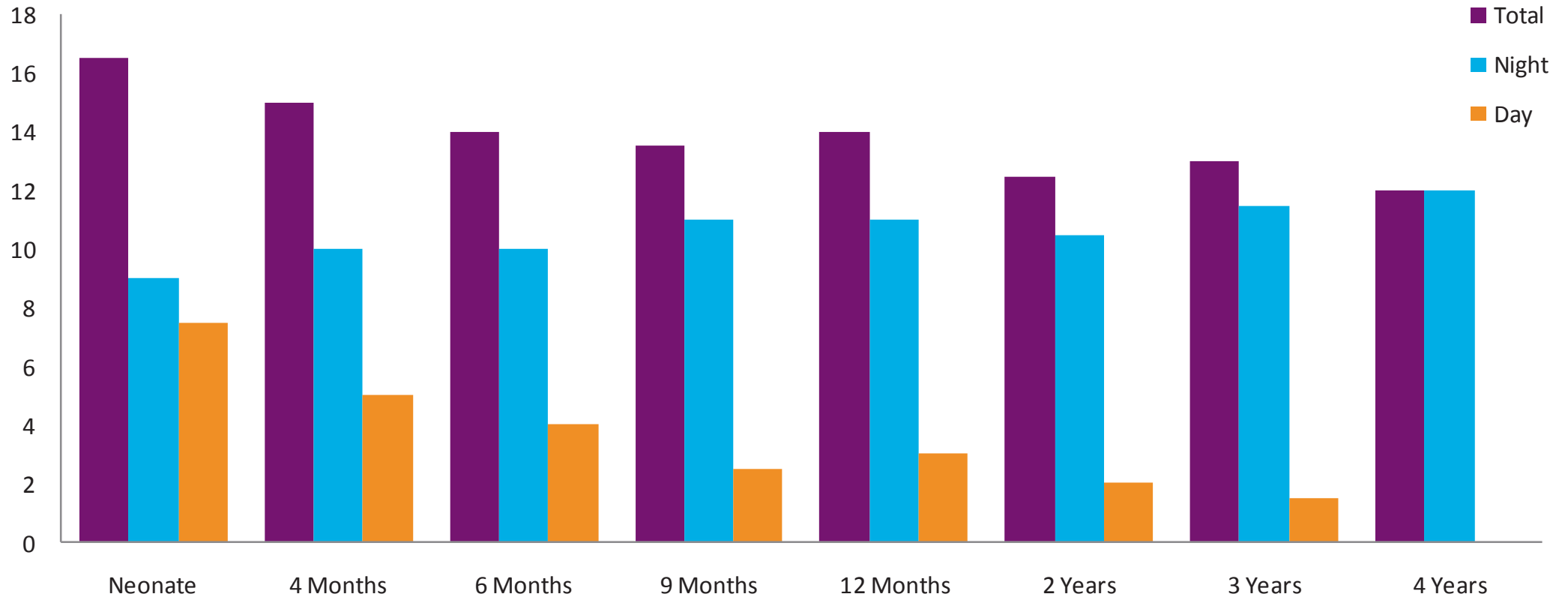




Average Sleep Patterns



Ngala Helpline 9368 9368
or 1800 111 546 (country callers)
www.ngala.com.au

For more information please contact the Ngala Helpline or refer to Ngala's book "The Secrets of Good Sleepers" that can be ordered from the Ngala website.

