

# Indigenous Parenting and Children's Program

## Parenting and Play Yarning Time Locations

Transport and Lunch Provided

### Midland

Mondays - 9.30am onwards

Middle Swan Primary School

Lot 574 Cockman Cross, Stratton

Tuesdays and Thursdays - 9.30am onwards

Moorditj Noongar Community College

Eddie Barron Drive, Midland

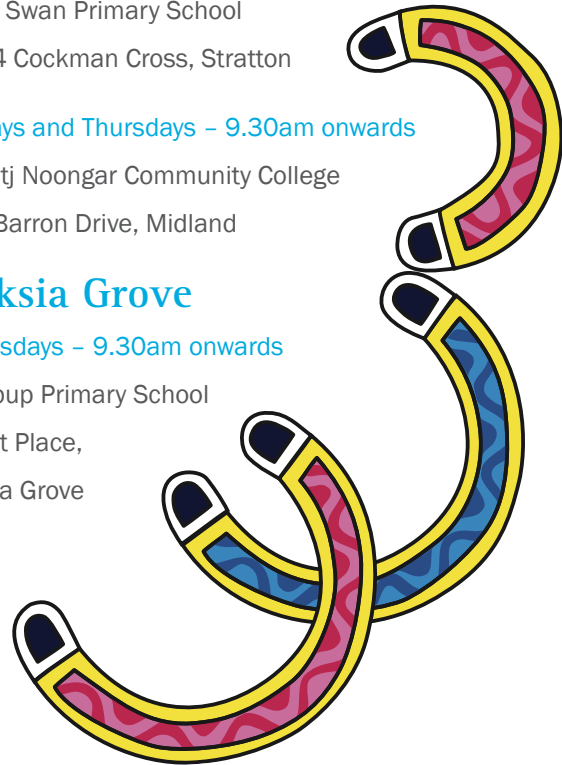
### Banksia Grove

Wednesdays - 9.30am onwards

Neerabup Primary School

14 Mist Place,

Banksia Grove



## Indigenous Parenting and Children's Program

Tel 9368 9308 or 0400 829 908  
E-mail - [indigenous@ngala.com.au](mailto:indigenous@ngala.com.au)  
Address: 9 Burgess Street, Midland WA 6052

Midland Yorgas  
Susan 0408 261 357  
Sharon 0408 261 350  
Monday - Thursday

Banksia Grove Yorga  
Vicki 0408 261 356  
Wednesday

# Ngala

Parenting with Confidence

Ngala Head Office  
9 George Street,  
Kensington WA 6151

Tel - (08) 9368 9368  
Fax - (08) 9368 9361  
[www.ngala.com.au](http://www.ngala.com.au)

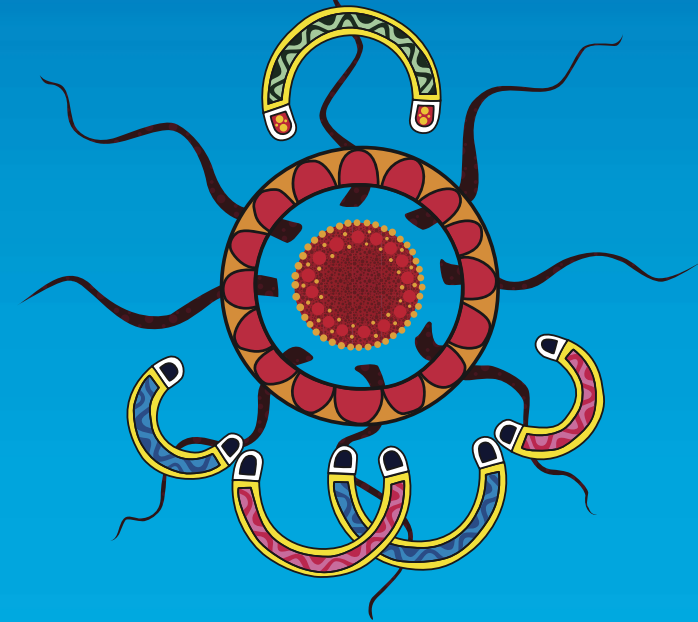
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**Australian Government**  
Department of Families,  
Housing, Community Services  
and Indigenous Affairs

# Indigenous Parenting and Children's Program

Moorditj Koorlanga  
Happy Moortang  
Strong Moorditj Community  
Moorditj Culture



*The oldie is sitting at the top of the fire teaching. He is teaching the adults and children, protecting the children and talking to them about the lore and Aboriginal ways. The family links is about trying to protect, share and teach. The spirits around the fire is the spiritual links of family. Artist Johnathan Whalley*

# Ngala

Parenting with Confidence



# Indigenous Parenting and Children's Program

Our aim in working with Indigenous families and children is to develop culturally supportive and respectful relationships, understanding sometimes people just need someone to talk to, or to feel understood or to seek support with how to help their family. Ngala is committed to working with families to meet their individual needs.

The following are examples of some ways Ngala may be able to assist you:

Information about available services

Support with appointments

Support with other services or departments

Linking with other services such as schools, childcare, health

## Parenting and Play Yarning Time

Ngala Yorgas will explore ways in which parent/carers can nurture their children's physical, emotional, social, cultural and spiritual needs in culturally appropriate settings.

Including:

Parenting skills

Healthy nutrition

Children's development and routines

Children's behaviour

Strengthening positive family relationships

Building self esteem

Coping with everyday stress

## Koorlanga Play and Learning

At Parenting and Play Time

Ngala Yorgas will enhance and nurture the positive early development for Koorlanga with early learning experiences which build on Koorlanga strength. They will enable Koorlanga to confidently expand their understanding and to engage with new knowledge, skills and interests through activities like:

Painting and drawing

Reading and puppet play

Collage, playdough and clay

Cooking and pretend play

Music and dance

Building and construction play

