



# HIPPY Rockingham

## Families Celebrate Whilst Children Look for Easter Bunny

**HIPPY Rockingham  
Newsletter**  
Volume 1, Issue 1  
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Read Street Rockingham was alive and buzzing with families everywhere and carrots for the Easter Bunny hanging from the front fence.

On April 1st, (yes April Fools Day) HIPPY Rockingham held a family celebration evening to acknowledge the year 4 participants who had completed the four year old HIPPY program and also to celebrate Easter with our families.

It was a gorgeous Autumn night, with 26 families enjoying the friendly atmosphere and nibbles provided. The children's faces lit up when presented with a colourful portfolio of all their hard work and a special certificate of completion. A very special keepsake with some very special memories.

A fantastic night was had by all who attended. We are already planning another celebration at the end of the year for our inaugural 5 year old program participants

graduating from the two year HIPPY program.

We are also planning for the celebrations to commemorate Ngala's 120th year.



### Dates for the diary:

- ☺ 26th May: First 4 year old's Family Group Meeting
- ☺ 9th June: 4 year old's Family Group Meeting
- ☺ 10th June: 5 year old's Family Group Meeting
- ☺ Don't forget your appointment with your Home Tutor.

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## Message from the Coordinator

Welcome to all HIPPY families. This is our first HIPPY Rockingham newsletter. We plan to publish four per year with up to date news, information and reminders of events. This edition is an introduction to the wonderful team of Home Tutors for age four and age five groups.

Building a good relationship between Home tutors and families is the cornerstone of the

HIPPY program. That is why I enjoy group meetings, as this gives me the opportunity to catch up with you and your children and hear all the wonderful stories.

I look forward to another exciting year on the HIPPY journey and hope to see you all at a group meeting soon.

*Tina Dean*

**HIPPY Rockingham**  
Telephone 0448 871 129  
HIPPYRockingham@ngala.com.au

**Ngala**  
Parenting with Confidence

**Ngala Helpline 9368 9368**  
or 1800 111 546  
(country callers)

# HOME TUTOR TEAM 2010

## MAUREEN MCKEON Home Tutor Age 5s (Original)

Hi I'm Maureen McKeon. I live in Warnbro with my husband and two children. I have worked in the childcare field for a number of years and also work as a relief Teaching Assistant in the local primary schools. I have worked as a HIPPY home tutor for nearly a year and enjoy getting out in the community and visiting the HIPPY families in their homes.

are interesting, varied and fun and the parents feel they are also developing their skills whilst sharing the weekly packs with their child.

My families have just completed the Year 4 program and are looking forward to the Year 5 program with some new and engaging activities.



HIPPY is a wonderful program and the benefits it offers, in helping to prepare 4 year old children for the start of school, is invaluable.

My HIPPY families have given me feedback that the activities

Education is the best gift  
you can give a child

## JO BENNETT Home Tutor Age 5s (Original)

Hello I'm Jo Bennett, I live in Waikiki with my husband Craig and my two children Ellie, 4yrs and Cooper, 18mths. I have previously worked in hospital pharmacy before having my children.

Whilst at Ngala Parenting and Play Time, I came across a brochure for the HIPPY program and thought it sounded great. By joining it gave me designated quality time with my daughter and when told about an opportunity to apply as a Home Tutor I jumped at the chance. I have met some great families in this role and feel I have gained confidence in both myself as a person and as a parent. I feel privileged to be a part of this program at this time in my children's lives.

With no early childhood learning experience, having children was a real shock to my system and I find surrounding myself with other people 'on the same page' is a great way of getting some support and guidance that we are all doing ok. I have volunteered with a local playgroup since Ellie was 18mths and thoroughly enjoy being a part of my local community. I also like meeting friends as I had travelled to work in Fremantle since building here 10 years ago and only knew my immediate neighbours.

The new Age 5 program content is great. I really like the parent pack with extra information for helping me deal with my daughters behaviours and learning. I look forward to all the future content in the packs and to also meeting the new Age 4 families along the way.

## JULIE FRASER Home Tutor Age 4s (New)

My name is Julie Fraser. I was working as a teacher's assistant prior to joining the HIPPY program and I was a croupier at Burswood Casino for 7 years. I finished at Burswood to bring up my 3 children and have recently re-joined the workforce. My children are now 15, 13 and 7 years old.

The thing I like most about HIPPY is the enthusiasm I have been receiving from the parents and the young children involved in the program and knowing how much we are helping them in preparation for starting school. It's a great opportunity for all the families involved.

I became a HIPPY Home Tutor after a suggestion from someone who thought I might enjoy the work. Maureen (one of the original Home Tutors), whom I knew from being at TAFE together had told me about the program.



## DANNI BALLARD Home Tutor Age 4s (Parent)

Hi, I'm Dannii, Home utor with HIPPY Rockingham. I started the HIPPY program with my four year old son Lucas last year, and I couldn't believe the difference it made. It is only ten minutes a day for each activity. Just spending that time on my own with Lucas was fantastic, he loved it!



This year I have Lucas enrolled in the year five program and my youngest son Josh, enrolled in the four year old program.

I love the HIPPY program and am excited that now as a HIPPY Home Tutor I can watch other children grow from this wonderful experience of learning and spending quality time with their parents.



## SILVIA PADILLA Home Tutor Ages 4 & 5s (Parent)

Hi I'm Silvia Padilla. I have a previous bachelor degree in Sales and Marketing and am currently enrolled in a Graduate Diploma in Primary Education.

Since becoming a mother a little over four years ago, I have had the privilege of becoming my daughters' and most recently my sons' teacher and mentor. During these wonderful years I have come to realise the invaluable role parents, teachers and other members of the community play in early childhood development and learning. I believe that early childhood learning is a cooperative responsibility and effort between parents, schools and the community; as such I have a passionate interest in working with and inspiring other parents to actively engage with and contribute to their own children's learning and development.

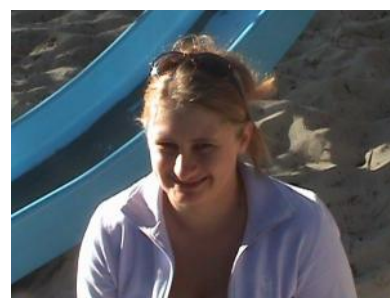
This passion lead me to apply for the position of HIPPY Home Tutor. I also completed the 4 year old program as a HIPPY Mum last year with my 4 year old daughter and was able to experience first hand the benefits of the program on my own daughter's learning and development - it was a very empowering experience! Most of all we enjoyed the quality time we spent with one another and also learned a lot about each other.



## PAULA BRYLEWSKI Home Tutor Age 4s (New)

Hi all, my name is Paula Brylewski. I am 26 and a mum of a 4-year old boy and a 2-year old girl. I've lived in Port Kennedy for the last 3 and a half years and loving suburbia, originally being a country girl. I am a qualified aged carer and hope to become a nurse in the near future (ten year plan) but at the moment, being a mum and a HIPPY Home Tutor, is my calling. I became a HIPPY Home Tutor when a friend of mine (also a mum of two) gave me the pamphlet to see if I was interested in doing the program with my son. She was also following the program and loving it. I was ready to do something other than being at home with the kids so fate stepped in and Tina Dean, HIPPY Coordinator, asked if I

was interested in being a Home Tutor as well and I grabbed the opportunity with both hands. What I like most about the program is the fact that it gives you activities and ideas to do with your child, no need to go looking for things to do. My son enjoys it very much and I think that he feels like he is achieving a great deal.



## HIPPY Rockingham

113 Read Street  
Rockingham WA 6168

Ph: 9368 9393

E: HIPPYRockingham@ngala.com.au

# Ngala

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## Ngala Helpline

For families of babies and young children, the Helpline is available 8am to 8pm, 7 days a week.

Helpline  
(08) 9368 9368  
Country Access  
1800 111 546

## Other Ngala Services

- **Parenting and Play Time** - Wednesdays 9.30 am – 11.30 am Read Street, Rockingham.

Ngala Parenting and Play Time provides opportunities for dads, mums, grandparents, aunts and uncles to discuss and share their early parenting ideas and concerns, and to learn about other helpful resources in their community.

- **Parenting Workshops** - the following sessions are being held in your area:

- You and your new baby
- Managing a baby and a toddler
- And so to sleep

For more information phone 9368 9368 or go to [www.ngala.com.au](http://www.ngala.com.au).

## Social Emotional Development

The Age Five HIPPY program has been focusing on children's social emotional development in the past few weeks. Extending on that subject, below is a poem I found which I feel is fitting. Please take the time to read this poem slowly and absorb its words.

Tina



What will you teach your child today?

### If I had my child to raise over again

*If I had my child to raise again  
I'd finger paint more, and point the finger less  
I'd do less correcting, and more connecting  
I'd take my eyes off my watch, and watch with my eyes  
I would care to know less, and know to care more  
I'd take more hikes, and fly more kites  
I'd stop playing serious and seriously play,  
I'd run through more fields, and gaze at more stars,  
I'd do more hugging, and less tugging,  
I would be firm less often, and affirm much more  
I'd build self esteem first and the house later,  
I'd teach less about the love of power,  
And more about the power of love.*

*From the book "101 ways to build self esteem and teach values" by Diana Loomans.*

## WE VALUE YOUR INPUT

Do you have a story to share? Information on upcoming events? HIPPY moments?

We would love to hear from you and publish your input into this newsletter.

Please e-mail us on [HIPPYRockingham@ngala.com.au](mailto:HIPPYRockingham@ngala.com.au) or phone on 9368-9393



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The Brotherhood of St Laurence (BSL) is licensed to operate HIPPY in Australia,

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