

**Nurturing the Pilbara**

You and Your New Baby

Education Session

Suitable for couples expecting a baby,
parents & carers with babies to 6 months

This session offers information to assist you in adjusting to early parenting including understanding your baby's communication, importance of the early years, normal sleep, wakefulness and feeding patterns. Self care for parents and community supports are discussed.

Date: Tuesday 26th October 2010

**Where: Karratha Family Centre
Cnr Balmoral & Warambie St**

Time: 7.00pm–9.00pm

Bookings Ngala 1800 111 546

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