

**Nurturing the Pilbara**

“And So To Sleep”

Education Session

For parents of children 7 months—2 years

Offers information on sleep patterns, requirements and behaviours related to sleep routines as children become older. Strategies are included to assist you to adjust your child’s pattern of sleep.

Date: Wednesday, 28th October 2009

Where: Welcome Lotteries House
Morse Crt

Time: 7.00pm - 9:00pm

Bookings Essential at Ngala 1800 111 546

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