



Extended Stay Service

While at Ngala, all families will have 24hr access to nursing staff. You will also be able to access services provided by a **general practitioner, social worker, and psychologist**. Four group sessions are provided.

Partners are encouraged to stay and may choose to go to work from Ngala.

Monday

- Admission from **1:30pm** onwards.
- **2pm** - You will be welcomed by your allocated nurse who will complete your admission.
- **3pm** - Orientation group with our Residential Parenting Services Coordinator, who will provide information about what to expect for the week. Partners are welcome to attend this group.

Social work services are available from Monday to Thursday.

Tuesday

- Doctor's visiting morning. The doctor will see children and parents for a single appointment if required as discussed with your nursing staff.
- Counselling services are available on Tuesday and Thursday afternoons.
- **7pm** - 2 hr Relationships & Communication Group. Partners are encouraged to attend. This group is facilitated by a social worker or psychologist.

Wednesday

- **9:30am** - 1hr Relaxation & Self Care Group facilitated by a trained professional.
- **7pm** - Dads Session (Depending on numbers).

Thursday

- Counselling services are available on Thursday afternoons.
- **4:00pm** - Farewell group.

Friday

- **7:00am - 8:00am** - Discharged.