



## Day Stay Service

### Day Stay

- Is a six hour service.
- There is a ratio of two families to one nurse.
- Each family is allocated their own room with lunch provided. During the course of the day, your nurse will discuss options of management with you.
- **Social work services** are offered to all clients who attend Day Stay. This gives clients the opportunity to discuss -adjustment to parenting and self-care issues.

### Morning

- Introduction to your nurse.
- Nurse will assist you in identifying the most important issue to be addressed during your stay.
- Nurse will explore strategies that are appropriate to you and your child's needs and together you will form a care plan.
- Nurse will assist you in trying the agreed strategies.

### Afternoon

- You will practice agreed strategies with support from your nurse.
- Discharge is between 2:30 and 3pm but if your baby is asleep at this time, you may remain in your room until your baby awakens.
- Your nurse will provide you with a care plan to take home at the time of discharge.
- If you are staying past 3pm, your nurse can be found in the nurses' office to discharge you.
- Please report to Reception staff to sign out upon discharge.

A day stay service may highlight the need for further services. This can be discussed with your nurse.