



Making the most of the pre-kindy years

What to expect and how to manage life with your 2 - 4 year old

This session will provide an overview on brain development, sleep and nutrition requirements of pre kindy kids and strategies that can help smooth the road during this skill building phase.



Thursday 29th
October
4—6pm



Port Hedland Early
Learning Centre
Cnr Keesing &
Dempster Street,
Port Hedland



Mums, dads and
carers welcome

 **AGE RANGE:** 2-4 years

 **TO BOOK:** (08) 9173 1088

HOSTED BY

 **DURATION:** 2 hours

PROUDLY SUPPORTED BY

