



Sleep for children 2-5years

Practical strategies for assisting skills for sleep

Discuss children's growing independence and their development needs in relation to sleep. Strategies will be discussed to manage this change for both the child and the family.



**Monday 15th
March
7pm—9pm**



**Newman
Neighbourhood Centre
2 Mackay Street
Newman**



**Mums, dads,
carers and
grandparents
welcome**

 **AGE RANGE:** 2 –5years

 **DURATION:** 2 hours

 **TO BOOK:** (08) 9175 1516
Or [Book Here Online](#)

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