## **GERALDTON FAMILY**

## **COUNSELLING SERVICE**

Everyone needs to talk sometimes



Individual, relationship and family counselling available face to face, over the phone or virtually.

The Counselling Services team are professionally qualified to offer different types of counselling and emotional support.

A counselling session takes about an hour. Each session is a safe place for people or families to explore issues and options.

AGE RANGE: all ages

**DURATION: 1 hour sessions** 

LOCATION: Geraldton

**ENOUIRIES: 9921 4477** 

No referral is necessary

EMAIL: gfcs@ngala.com.au

The counsellor can provide support working through worries including:

- Relationships
- Communication and Anger Management
- Separation and Divorce
- Lifestage Changes
- · Mental Health
- Health and Wellbeing
- Grief and Loss
- · Employment and Education

This is a free service, though a \$10 donation is appreciated. Please note there are no EFTPOS facilities available. Donations over \$2 are tax deductible.

