

NGALANG MOORT

NGALANG KURLANGAH

Our family, our children



Ngalang Moort Ngalang Kurlangah (NMNK) provides Parenting and Play Time sessions for Aboriginal and/or Torres Strait Islander families during each school term throughout the year. NMNK also delivers, customised workshops, school holiday activities, advocacy services and home visits.

Weekly activities:

- **Kadadjiny Waabiny (Delivered in partnership with Meerilinga)** (Learning and Play time)
Tuesdays - 10:00am to 12:00pm
Meerilinga, Beechboro
- **Marlee Waabiny** (Swan Play Time)
Wednesdays - 10:00am to 12:00pm
Roshier Road Hall, Lockridge

AGE RANGE: 0 to 4 years

LOCATION: City of Swan, Beechboro and Lockridge

ENQUIRIES: 9368 9368 or nmnk@ngala.com.au

- **Kwop Wirrin**
(Good Spirit) Yoga Classes
Wednesdays - 10:00am to 11:00am
Roshier Road Hall, Lockridge
- **Cooking for Kurlangah**
Thursdays - 12:30pm to 1:30pm
Roshier Road Hall, Lockridge
- **Kwop Wirrin**
(Good Spirit) Boot Camp
Fortnightly on Fridays - 10:00am to 11:00am
Starting 31st of July
Marlee Waabiny from 10:00am to 12:00pm
- **Kwop Wirrin**
(Good Spirit) Aboriginal Art
Fortnightly on Fridays - 10:00am to 12:00pm
Starting 7th of August
Marlee Waabiny from 10:00am to 12:00pm

Proudly supported by the Australian Government's Indigenous Advancement Strategy