



# Parenting your Tweens

## Managing the balance between boundaries and exploration

As they develop socially and emotionally, your teenager may test some boundaries. Learn simple ways to help stay connected to your child as they gain independence and navigate challenges of social groups, school, friendships and bullying.



Tuesday 15th  
March  
2.30pm - 4.30pm



Newman  
Neighbourhood  
Centre or join us  
online



Parents, carers,  
grandparents  
welcome. Crèche  
available for small  
fee at NNC.

 **AGE RANGE:** 7—12yrs

 **TO BOOK:** [Click here](#)

**HOSTED BY**

 **DURATION:** 2 hours

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