

Country Dads' SMS

TIPS & INFO ESPECIALLY FOR DADS

To register go to: <https://www.ngala.com.au/dads-sms-service/>



What to expect in the first few months for Dads with a new baby...



Choose to receive information via:



SMS



EMAIL



Receive 12 articles over 12 weeks

Supported by

#HealthyCountryKids



 **ngala**
Raising happiness

For information or support contact
countryfamilies@ngala.com.au or call 9368 9342