

ForWhen



1300 24 23 22

Free mental health support, for when you need it.

Having a baby is a time of big change and challenges. Just know, you're not alone and there is help available.



ForWhen is a free national phone service that connects you to local support services during your journey.



ngala

PARENTING LINE

8am-8pm
7 days
Ages 0-18yrs

9368 9368
Country: 1800 111 546

The Parenting Line is provided by Ngala and funded by the State Government through the Department of Communities and Child & Adolescent Health Service.



*Search The Child
and Parent Centre
Banksia Grove*

Ngala Nurse Practitioner Consultation Service

Available for both telehealth and in person consults. Our experienced Nurse Practitioner can work with parents to diagnose and manage a wide range of conditions and offers a host of invaluable services tailored to babies and children. Bulk billed service. Call **9368 9368**

Child and Parent Centre Banksia Grove

Address: 14 Viridian Drive
Banksia Grove
Phone: 9367 0964
Email:

banksiagrove@ngala.com.au

Opening hours
Monday to Friday
8:30am to 4:00pm

**Child and Parent Centre
Banksia Grove
Term 2
15 April - 28 June 2024**

In partnership with ngala.

Parent and Child Sessions

LINKS Playgroup

For children up to 6 years old with communication delay, difficulty playing with peers, an interest in a limited range of toys and activities.

Autism Association of Western Australia
Mondays 9:00am to 11:00am

Playgroups

Busy Bees

Enjoy connecting with other parents and participate in your child's development through play.

For children 18 months to 4 years old.
Tuesdays 9:00am to 10:30am



Noongar Language
Kaya - Hello
Boorda - Goodbye

New

Book Sharing

Join our Speech Pathologist Catherine for an interactive parent and child session where we will explore ways you can use books to support your child in their speech and language development. For parent and carers of children 12 months to 3 years old.

Monday 24 June 1:00pm to 2:00pm



Child Health

Purple Book Appointments

Available Monday to Friday make an appointment for your child's developmental checks at 8 weeks, 4 months, 12 months and 2 years.

Call 1300 749 869 for bookings.

Drop In & Weigh Clinic

See your Child Health Nurse for a weight check or a quick question.

Mondays 9:00am to 10:00am

Speech Pathologist

Call 9367 0964 for more information or to make an appointment.

Speech Drop In Clinic

Monday 22 April 1:00pm to 2:30pm
Tuesday 21 May 11:00am to 12:30pm
Tuesday 4 June 1:00pm to 2:30pm

Babies

Early Parenting Group

Delivered in person by your local Child Health Nurse for families with newborn babies 0 to 4 months. Topics covered include feeding, sleep and settling, play and development, and becoming a parent. Call 9404 8270 to book

New

Young Parent Group

Playgroup for parents under 20 years old. Join Chloe from Ngala and Sam from Brave Foundation for an interactive playgroup session. You can meet other local young parents, share your experiences, discuss topics of interest and enjoy fun free activities with your child.

Every Wednesday from 3 April to 10 July
9:30am to 11:00am



Sing&Grow Music therapy play sessions



Sing&Grow Baby

For babies 4 to 12 months.

Thursdays 1:00pm to 2:00pm

5 week series from 30 May to 27 June.

Sing&Grow Toddler

For children 12 months to 3 years old.

Thursdays 1:00pm to 2:00pm

5 week series from 18 April to 23 May.

New

Pre Kindy Program

Little Learners

Off to school with Sing&Grow



Thursdays 9:30am to 11:00am

5 week series from 18 April to 23 May or

5 week series from 30 May to 27 June.

New

Building Resilience In Children



For parents and carers of children 0 - 12 years old. The session will support parents and carers to build resilience in children and provide simple strategies to use at home to support children's anxiety and emotions. **Creche available**

Friday 10 May 9:30am to 11:30am



New

What is Autism?



The session is suitable for parents and carers of children under the age of 6, wanting to know about the early signs of Autism. The session is aimed at supporting families to understand and recognise the early signs of Autism and how to support their child in the early stages.

Tuesday 4 June 6:00pm to 8:30pm

Paint Wanneroo REaD

Have you read with your child today?
Come to the centre to read, take or donate a book. Scan the QR code to join Facebook page.



All Child and Parent Centre programs, services and sessions are free
Call the centre on 9367 0964 for more information & bookings