

COUNTRY FAMILIES @ NGALA

Support to families with children from birth to 8 years living in regional, rural and remote Western Australia



Ngala have partnered with WA Country Health Service (WACHS) to provide free child health parenting information and support to families living in regional, rural or remote WA.

Facebook Group

Join a community of other country families to access parenting information, resources & program updates. Search: CountryFamilies@Ngala.

Tutorials and Facebook Live Sessions

See recorded and live videos with information for parents with children aged 0 – 8 years.

Online 'Live Chat'

Chat with a Ngala Child Health Nurse via Facebook. Please check website for session times.

Individual Consultations

30 minute video or phone consults with a Ngala Child Health Nurse for child development information and parenting support.

Country Dads' SMS Service

Receive information and resources via SMS or Email.

Call: 9368 9342

Email: CountryFamilies@ngala.com.au



Supported by the
WA Country Health Service

#HealthyCountryKids



To find out more visit

www.ngala.com.au/program/country-services