



ONE TO ONE PARENTING SUPPORT

For parents who have engaged with Parenting Connection Metro.

Meet with a caring Ngala professional for support in navigating the rough waters of parenting.

This could include:

- Guiding behaviour
- Day to day routines
- Parent-child relationships
- Youth Mental Health
- Emotional wellbeing

**Provided by Parenting Connection
Inner City & North West Metro**

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ONE TO ONE PARENTING SUPPORT

Supporting you to have the knowledge, skills and confidence to be the best parent you can be.

 **Age range** 0-18 years

CENTRE CONSULT

 **Duration** 1 hour

 **In person** Joondalup

 **Cost** FREE

Have a question? Please contact us:

 **Enquiries** northwestmetro.PCWA@ngala.com.au

 **Online** www.ngala.com.au

For further parenting support call Ngala Parenting line on 9368 9368.

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