

# Pilbara Families Building Pilbara Communities

Ngala Newman programme March 2022

Tuesday 15th  
March 2022

Wednesday 16th  
March 2022

Thursday 17th  
March 2022

## Toileting Tips

18m—3 years

Time: 9—11am

## Protective Behaviours

All ages

Time: 9—11am

## Secrets of Good Sleepers

6m—2 years

Time: 9am—11am

*For the safety of the Newman community during the Covid-19 pandemic, Ngala, supported by BHP and EPIC, will be hosting all of our workshops remotely this term.*

*While we know that talking to someone over a video is not the same as having a yarn in person, rest assured we have teamed up with the wonderful ladies at Newman Neighbourhood Centre for the past 2 years with our video conferencing equipment with only a few hitches along the way!*

*Feel free to bring a mask and meet us for a socially distanced coffee at the NNC or join us via a link from the comfort and safety of your own home.*

For full details visit

<https://www.ngala.com.au/program/pilbara-families-building-pilbara-communities/>

## Parenting your Tweens

7—12 years

Time: 2.30—4.30pm

## Toileting Tips

*Encore session*

18m—3 years

Time 2.30—4.30pm

## Building Resilience

1—5 years

Time 2.30—4.30pm

## Effective Family Teams

All ages

Time: 7—9pm

## Guiding Children's Behaviour

1—5 years

Time: 7—9pm

## Juggling Work and Family

All ages

Time: 7—9pm

**BHP**



**epic**  
empowering people  
in communities inc.

