

INFORMATION FOR DADS ONLINE TIPS, RESOURCES & INFO ESPECIALLY FOR DADS



Click on links below...

Online version www.ngala.com.au/program/dadswa - click on "Fathering resources"

Why Fathers Matter

The Fathering Project – New Fathering Research Karitane – Dads make a difference

Websites for Fathers

Raising Children - Fathers

Direct advice for dads

Beyondblue.org.au — Dadvice for new dads

The-father-hood — dadlife



Podcasts for Dads

mrperfect – australian podcasts for dads

Agencies with Programs/Support for Fathers

Ngala – Phone support and information for parents The Fathering Project Relationships WA Anglicare WA

Workshops/Programs for Dads and Parents Nearby

Programs for NW Metro (Perth and northern suburbs)

Shire of Mundaring, City of Swan, Town of Bassendean and City of Bayswater.

Communicare – Parenting Support Services: South East Metro

Meerilinga – Parenting courses and services: Southern Suburbs

Relationshipswa – Courses and workshops



Online Workshops/Programs

Birthing dads – For expecting and new fathers

Support for fathers – Online webinars for dads

SMS4dads – Receive free text messages, support, info & tips – especially for dads & dads-to-be

Parentshop – Online parenting course on guiding behaviour aimed at 2 years and above

Parentworks – Online course for dads with children 2 years and above

Familyman.movember.com - Online parenting program with dads in mind



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Dads Groups

Hyde Park Dads

Perth Home Dads

Perth and WA Dads

Mr Perfect

Dads Group organisation Youtube

Dads Group Website

Mental Health and Wellbeing

ForWhen helpline – Mental health support for expectant and new parents (inc dads)

Beyondblue

PANDA - Dads mental health and wellbeing

Beyondblue - guide for new dads

New dads mental health

Red Nose - grief and loss support

Deadly Dads

ForWhen helpline – Mental health support for expectant and new parents (inc dads). Aboriginal and Torres Strait Islander Liaison Officers available.

Ngala – ngalang moort ngalang kurlangah

Indigo Junction - strong-fathers

Raising Children - Indigenous dads

Stayin on track

Parenting SA – being a dad

Raising Children – Aboriginal parents: routines

Raising Children – Aboriginal parents: watching your kids

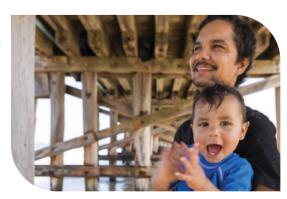
www.sms4dads.com.au/deadly-dads - texts with info for you and bub.



Lifeline – Support for separated parents

Relationships WA – Fathering After Separation

Groups – search for "separated dads" on facebook



Disability Support

NDIS - Western Australia

Autism – dads support groups

Kalparrin

Carers WA

General Support/Information for Men

Mensline – telephone and online counselling for men

Mens family violence helpline

Lifeline – 24 hour crisis support

Further information on support for fathers: contact DadsWA on DadsWA@ngala.com.au or Ngala Parenting Line on 08 9368 9368

You have an opportunity to have a say in Ngala's work with parents. We are looking for fathering advocates. Go to Ngala Consumer and Community Engagement