

STRONG SELF STRONG SPIRIT

Free support for children aged 8 to 12 years



Help master tough or confusing feelings, manage self control, cope with change and learn to bounce back.

Our team will support your child as they learn to manage their feelings and behaviour.

Strong Self Strong Spirit works with strengths to help improve your child's wellbeing. The program runs for one term and includes:

- Weekly after school group sessions
- One-to-one weekly support
- Family sessions
- Excursions

To register your child for the Strong Self Strong Spirit program, contact the program Team Leader.

AGE RANGE: 8 to 12 years

DURATION: 1.5 hours per week over a term

LOCATION: Geraldton

ENQUIRIES: 9921 4477 or 0429 020 235

EMAIL: ssss@ngala.com.au

No referral is necessary

Supported by:



Australian Government
Department of Social Services